

# Sexism in Higher Education and Research: Book Launch

Aarhus University University of Southern Denmark Copenhagen Business School

### Sexism in Higher Education and Research: Book Launch



16.00 - 16.10

Welcome by Mie Plotnikof, Associate Professor, Aarhus University

16.10 - 16.20

University Management Perspective: **Inger Askehave**, Constituted President, Copenhagen Business School

16.20 - 16.30

Presenting the Book: **Anna Franciska Einersen**, Research Assistant, Copenhagen Business School

16.30 - 16.40

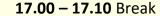
Sexism and the Leaky Pipeline: **Jo Krøjer**, Associate Professor, Roskilde University

16.40 - 16.50

Bias and Everyday Sexism: **Sara Louise Muhr**, Professor (mso), Copenhagen Business School

16.50 - 17.00

Listening to the victims' voices: **Lea Skewes**, Post Doc, Aarhus University



17.10 - 17.20

Processes and Responses: **Sorcha MacLeod**, Marie Curie Fellow, Associate Professor, Copenhagen University

17.20 - 17.30

Engaging with the elephant in the room: Sexism in an organizational perspective: **Eva Sophia Myers**, Head of section, Leader of SDU's Gender Equality Team, HR, University of Southern Denmark

17.30 - 17.40

The Pedagogics and Method of Vignettes as a Tool to Counteract Sexism: **Ana Maria Munar**, Associate Professor, Copenhagen Business School

17.40 - 17.50

University Management Perspective: **Johnny Laursen**, Dean, Faculty of Arts, Aarhus University

**17.50 – 18.30** Parallel workshops designed to work with - and train participants in - the methods of the book: Facilitated by the authors of the book

**18.30 – 20.00** Reception: Fingerfood and Bubbles

Organised by Aarhus University, University of Southern Denmark, and Copenhagen Business School

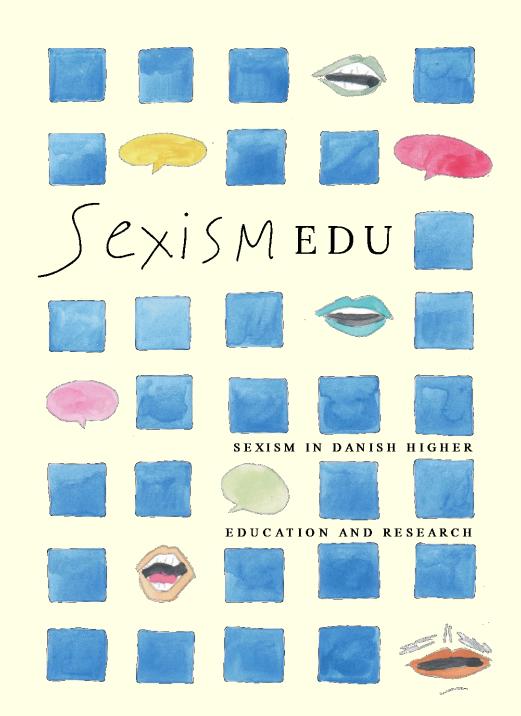


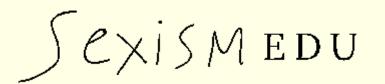








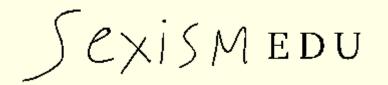




Sexism in Higher Education and Research: Book Launch
Welcome

Mie Plotnikof Associate Professor Aarhus University

### Why a petition on sexism?



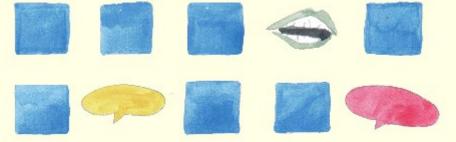
Oct 2020: a petition with 689 signatures and even more testimonies Today: a book on understanding, exploring and acting on sexism

### Why?

- To *elucidate* and *legitimize* sexism as a current, relevant problem
- To *nuance insights* into what sexism may look like and how it works
- To *contribute* to and *qualify* efforts to counter-act sexism
- To give voice to precarious, silenced, hurting or otherwise affected actors

Thanks to all who trusted us with their names, stories, support and help!

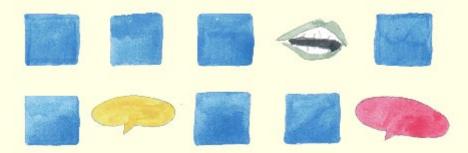
This book is in honour of all of you.



# SCXISMEDU

## Why this book?

- Not a new problem, after #metoo we talk (more) about it
  - What experiences of sexism have we heard of? What have we become surprised or touched by, or maybe aware of?
  - Take a second and recall a story...
    - How do you react or feel, when thinking of this?
    - Regret? Discomfort? Sorrow? Annoyance? Anger? Indignation? Indifference?
  - With that in the back of your head...



"I would like to start by stressing a heartfelt gratitude for your work with collecting testimonies of sexism and gender-based harassment in the academy. It was necessary and it has been longed for.

I have myself - like many others unfortunately - experienced the severe consequences that sexism can have... and my life has been in ruins the past year.

It is so important that we share our experiences with discriminatory and condescending behaviors based on gender with each other, but especially that we report them to appropriate actors.

But HR departments and University managements are busy washing their hands. So I am grateful that you along with the many, many signatures on the petition are raising this debate and address this critical matter across the Danish academy.

Only a few colleagues of mine know that my sick leave is due to a sexism case. Sharp elbows, tough competition, gossip and a culture of "loosen up, can't you take a joke?", governs our research environments. And I am a single mom, so I already have all odds against making a career in academia. A sick leave makes me weak and vulnerable, but a sexism case would completely destroy me.

That's why I was quietly hoping that someone would help me and everyone else who have been and still are subjected to sexism. Because I dare not speak up with my name.

I hope you will let the rest of the group know that I started crying (from joy as well as pain) this morning when I read about this in Politiken.

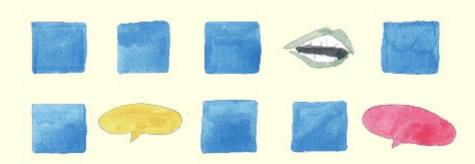
Thank you so very much."

# SCXISMEDU

## Why engage with this?

This is "just" one person.

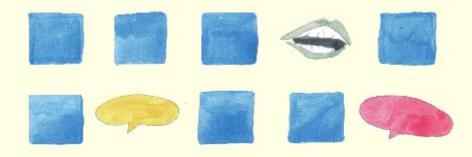
- Yes. But it counts along with 689 signatures, testimonies and ...
- Countless emails from people who dared not speak up and sign the petition.
- Why do we need to engage in this?
  - The 'easy' answer: uneven power relations across hierarchies, high-pace performance systems, competition dynamics and precarious employment structures.
  - The tough answer: lives are being destroyed and talents are lost, affecting our shared future.
- So this is for...
  - the silenced ones
  - the precarious ones
  - the ones who did not make it
  - the ones who can still have a chance
  - for all of us and a better, respectful academy

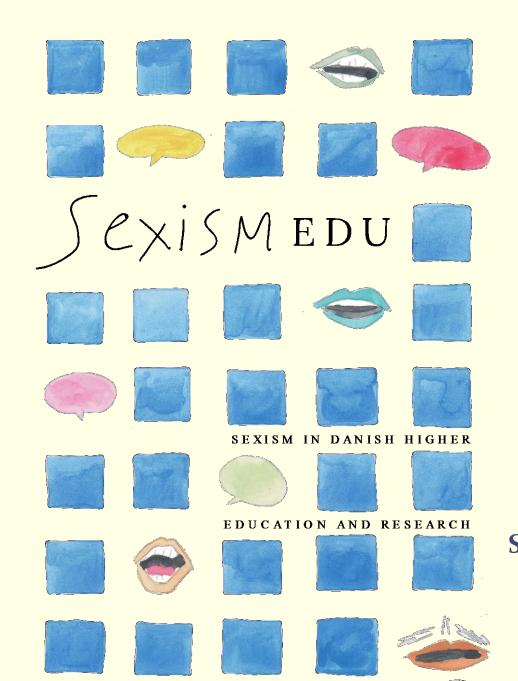


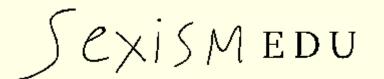
# Sexism EDU

### THANK YOU!

- For being here
- For caring enough
- For daring to engage







## Presenting the book

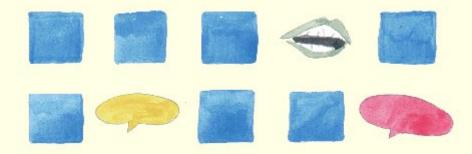
Sara Louise Muhr (on behalf of Anna Franciska Einersen)
Professor (mso), Department of Organization

Copenhagen Business School, slm.ioa@cbs.dk

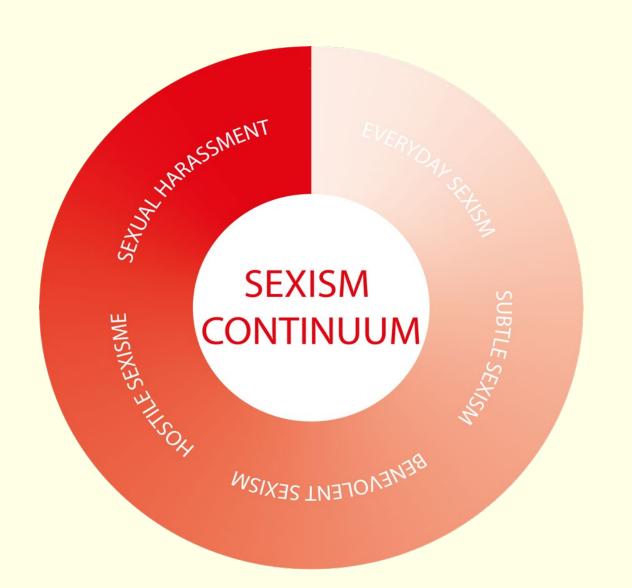
# SCXISMEDU

## Chapter 1: Understanding

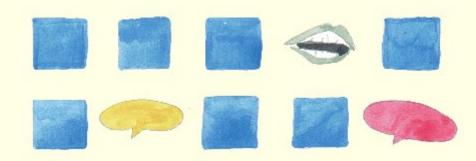
- What is sexism? A definition
- How is sexism performed?
- Why do we perform sexism?
- Which factors enable sexism to occur?
- What makes it difficult to speak up?



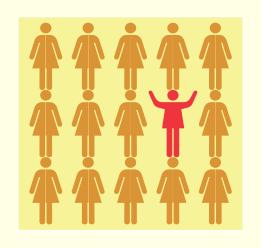
### Sexism is a continium



A critical focus should be on the connections among the various forms of sexism rather than seeing one form of sexism as a distinct set of discrimination



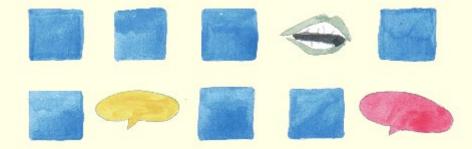
## Chapter 2: Exploring



28 vignettes, questions & pedagogics



300 questionaries (43,5 % of the 689)



## Exploring the themes

# Sexismedu

### **Everyday Sexism**

- Sexualized comments
- Sexual offers
- Subtle sexism
- Comments about the body/looks
- Sexualized comments about the body/looks
- Sexualized comments about private life/partner status
- The party as specific context
- Nicknames
- Degrading of intellect

### **Reporting**

- Experience with reporting
- Lack of reporting

### **Shadow organization**

- Warnings
- Individual strategies of protection
- Protecting fellow colleagues

### **Exclusion within the academy**

- Social exclusion
- Career exclusion
- Threats

#### Caretakers at work

- Comments about pregnancy/parental leave
- Stereotyping 'women as natural nurtures'
- Degrading motherhood

#### **Physical assault**

#### **Public humiliation**

- Collective humiliation
- Collective silence
- Formal settings: appraisal interview/salary negotiation

#### **Institutionalized sexism**

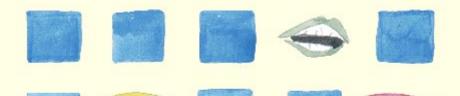
Ridiculing gendered research fields

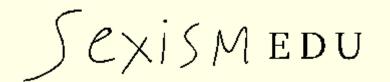
#### Sexism against men

### Fear: physical difference and intimidation

#### **Intersectionality**

- Homophobic comments
- Racialized comments

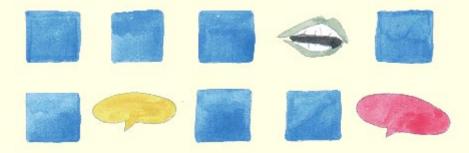


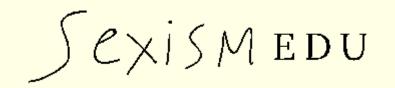


# PART 1 – INSTITUTIONAL AND MANAGEMENT RESPONSES

# Part 2 – VICTIM RESPONSE

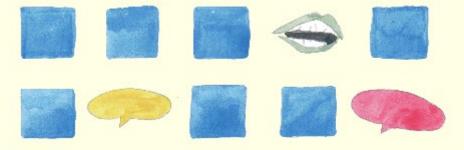
# Chapter 3 Acting

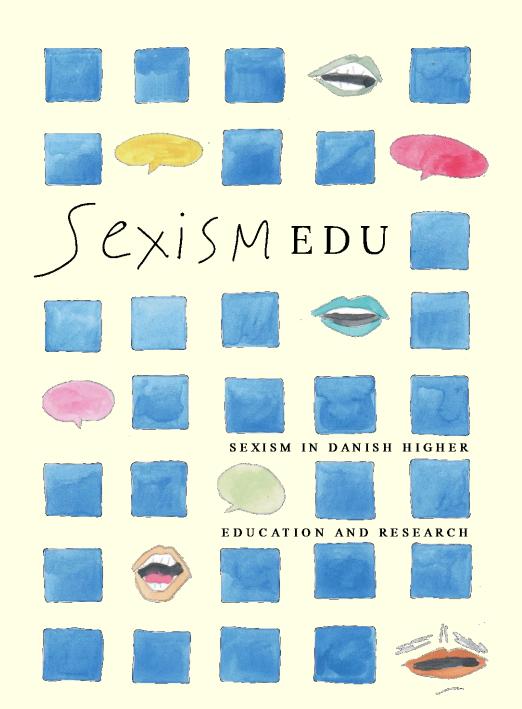


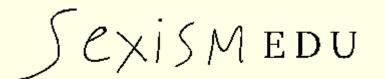


# Chapter 3 – Acting. Management response



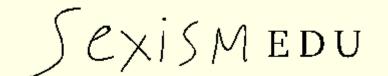






### Sexism and the leaky pipeline

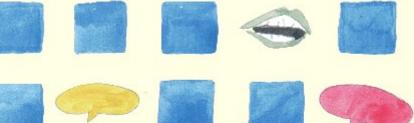
Jo Krøjer
Dept. of People & Technology
Roskilde University



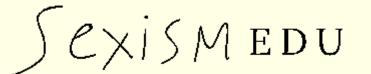
### Sexism and the leaky pipeline:

- The dark side of Academic organizations

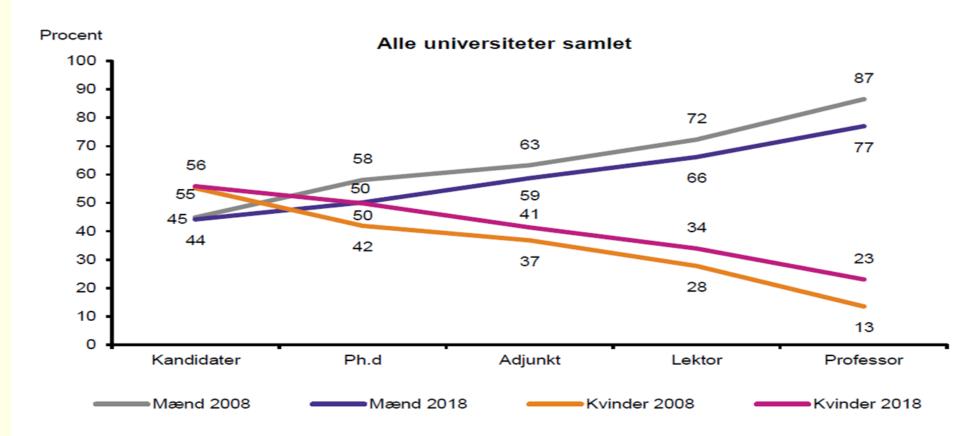




### Another depiction of spill

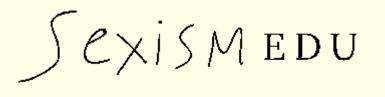


**Figur 1.5**Mænd og kvinder i et typisk akademisk karriereforløb, *danske universiteter samlet*, 2008 og 2018, procent

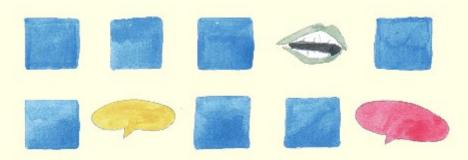


Kilde: Uddannelses- og Forskningsministeriet på baggrund af Danmarks Statistiks elev- og ph.d.-register samt universiteternes indberetninger til Uddannelses- og Forskningsministeriet

# An explanation to the leaky pipeline: A chilly climate



Marie is a PhD student, and she is meeting with her research team. She notices how her male colleagues are being praised for their competences and their research contributions, while instead Marie is being praised for her good looks. The project leader uses phrases such as "strong analytical skills" and "rational argumentation" to describe her male colleagues, whereas she is described as "the best-looking PhD student in town."



# An explanation to the leaky pipeline: A chilly climate

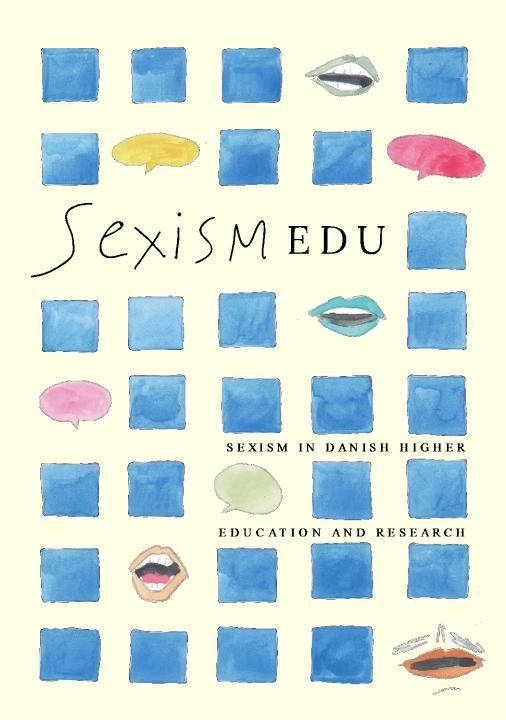
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Susanne is a top-performing associate professor and part of a research team together with five other people. Susanne has been in the lead writing up a paper that the team has now submitted for a conference. She looks forward to presenting their research. However, when the team gets the message that their paper has been accepted, she is not asked by the project leader to present at the conference. Instead, she is told that Michael has been asked to present. Susanne asks the project leader why she was not asked.[...] The project leader answers, "You have young children at home, so I actually just wanted to save you the trouble from attending this conference."

# An explanation to the leaky pipeline: Lack of support from managers

Sexismedu

Sophie experienced sexual assault during a Christmas party, and therefore she called in sick from work the following days. She called her doctor, and she got a reference to a psychologist. It was now time for her to tell the department, and she was so nervous. She knew that the person who did this was liked by many, and therefore she feared no one would believe her. When she told her department head, he actually did believe her, and for a moment she felt relieved. She could almost hear herself take a big deep breath out loud. The department head looked at her and said: "I am sorry that this happened to you, but there is nothing we can do about it. You have to live with your enemies"



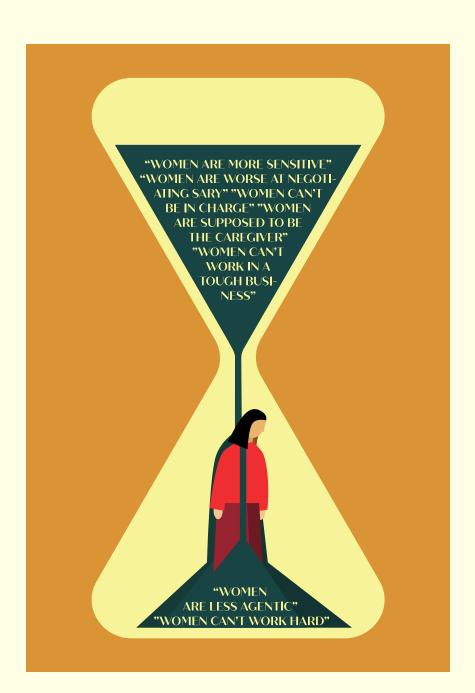
### Bias and Everyday Sexism

### Sara Louise Muhr

Professor (mso), Department of Organization Copenhagen Business School, slm.ioa@cbs.dk

### Lets single in on everyday sexism

- Sexualized comments
- Sexual offers
- Subtle sexism
- Comments about the body/looks
- Sexualized comments about the body/looks
- Sexualized comments about private life/partner status
- The party as specific context
- Nicknames
- Degrading of intellect



The *drip drip* effect of sexism marks those frequent sexist acts that occur over a long time. Taken individually, these acts may not seem like that big a deal. However, that is in part what makes them so damaging



### Research is clear!

- Women are consistently evaluated lower than (white) men
- Female leaders are judged to be less likable and not as good a parent as male leaders
- Women systematically receive shorter, less-praise worthy letters of recommendation
- At the same time, men experience bullying and harassment if they choose an active caretaker role or a caretaker profession

## Why?

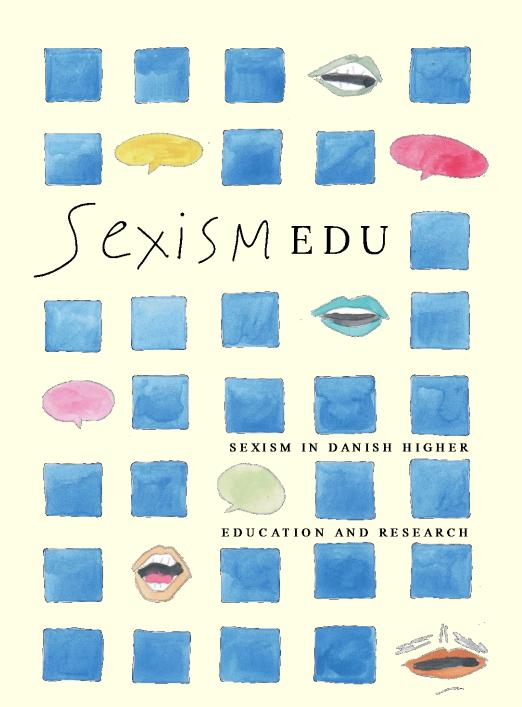
### Explicit Bias

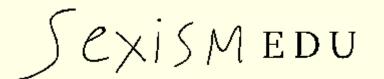
 The views and opinions that we are consciously aware of, for example our attitude towards a particular political party

### Implicit bias

 Those views and opinions that we may not be aware of. They are automatically triggered when we encounter different people or situations. Zero-tolerance rarely works...

The important grey-zones calls for leadership action





### Listening to the victims' voices

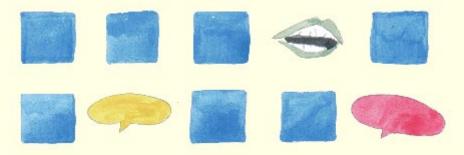
Lea Skewes
Interacting Minds Centre
Aarhus University

## Why we have not been listening

Key risk factors for sexism and sexual harassment are asymmetrical power relations between men and women:

- 1. When men are overrepresented in a workplace
- 2. When men hold positions of greater power and status compared to women

This also means that it is typically the (male) perpetrator who gets to define what happened and whether it should be perceived as a harmful act.



## Problems with listening in DK

Skewes, Skewes & Ryan (2019) showed:

- We used the *Modern Sexism Scale* on a large Danish sample (n = 1,805) and asked about university employees attitudes to gender equality
- We showed that the average Danish university employee holds sexist beliefs
- We also showed that these sexist beliefs correlated with employees degree of support for gender equity initiative (so that high MS scores were less supportive of GE initiatives)

# Problems with listening in DK

Skewes, Skewes, & Ryan (2021):

- In an other large sample study (n= 1128) we linked university employees modern sexism scores to their attitudes to the #MeToo Movement
- Again we found a link between high modern sexist scores and negative attitudes to the #MeToo Movement
- We also identified themes of: 1) delegitimization of the movement and 2) the perception that perpetrators rights were more important than victims rights

## Time to listen: SEQ data

TYPES OF HARASSMENT	WITHIN THE LAST 2 YEARS	BETWEEN 2-5 YEARS	MORE THAN 5 YEARS AGO
SEXIST HOSTILITY	182 people (60.7%)	179 people (59.7%)	128 people (42.7%)
SEXUAL HOSTILITY	90 people (30%)	124 people (41.3%)	97 people (32.3%)
UNWANTED SEXUAL ATTENTION	15 people (5.0%)	39 people (13%)	58 people (19.3%)
SEXUAL COERCION	6 people (2.0%)	10 people (3.3%)	24 people (8.0%)



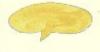










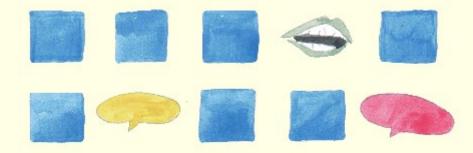


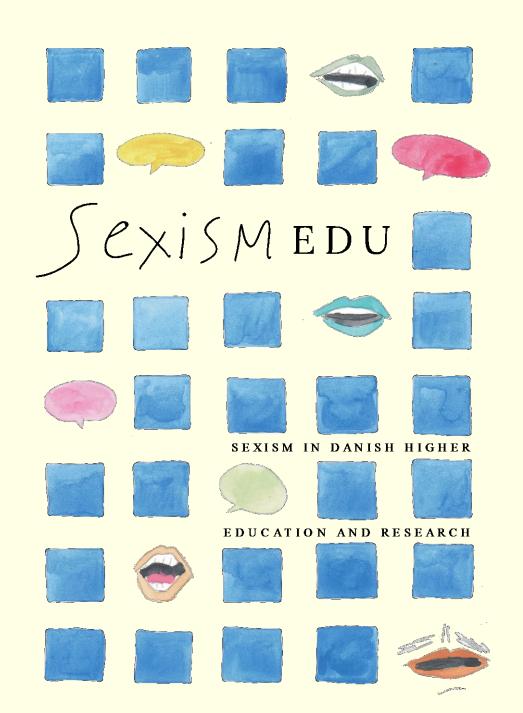


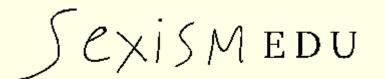




### Thank you for listening ©



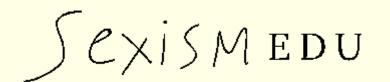




# Institutional complaints: a human rights approach

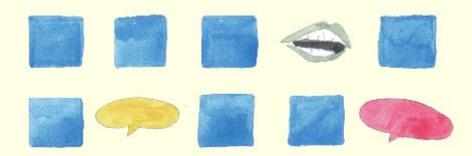
### Dr Sorcha MacLeod

Marie Skłodowska Curie Fellow & Associate Professor University of Copenhagen Member of the UN Working Group on the use of mercenaries

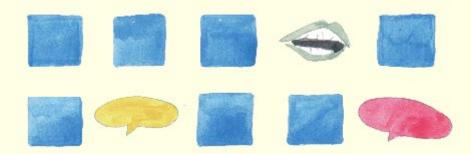


# "I do not want revenge but justice..."

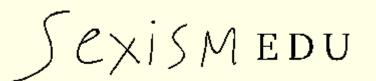
(Sexism in Danish Higher Education and Research: Understanding, exploring, acting, 2021)



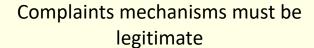
"...complaints about abuses of power, complaints that challenge hierarchies, can devastate lives as well as careers. Complaints can be hard to talk about – you can even be prevented from talking about them." (Dr Sara Ahmed, 2021)



# Legitimacy









Relevant academic stakeholders
(e.g. staff at all levels,
postgraduate and undergraduate
students) have been involved in
the co-design of the process



Process will ensure actual and effective accountability



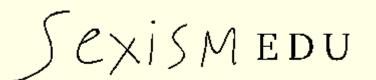




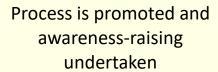




# Accessibility









Multiple languages e.g. where the university has a parallel language policy



Available through various channels, e.g. online, telephone, written



Importance of ensuring no reprisals for use of a mechanism



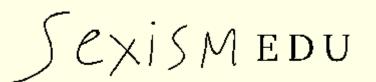


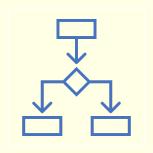




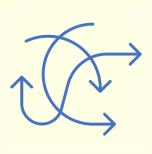


# Predictability

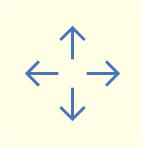




Clear process set out: who, what, where, when, and how



Clear outcomes set out



BUT flexibility should be built into the process



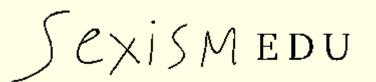




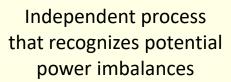




# Equitable









Access to information



Representation facilitated, e.g., union rep, friend, or even a lawyer



Non-discriminatory



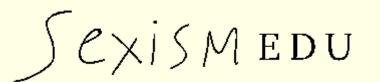




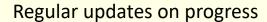




## Transparency









Inform complainants about outcome(s)



Balance need for ensuring transparency with respect for complainant's right to confidentiality



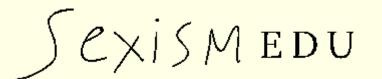








# Continuous learning











The institution needs to learn from the process by gathering data, e.g., types of cases, contexts, outcomes, positions of involved parties, etc.

Obtain feedback from complainants

Observe and understand trends and patterns

Evaluate effectiveness





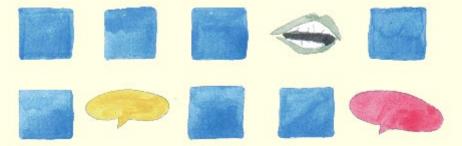


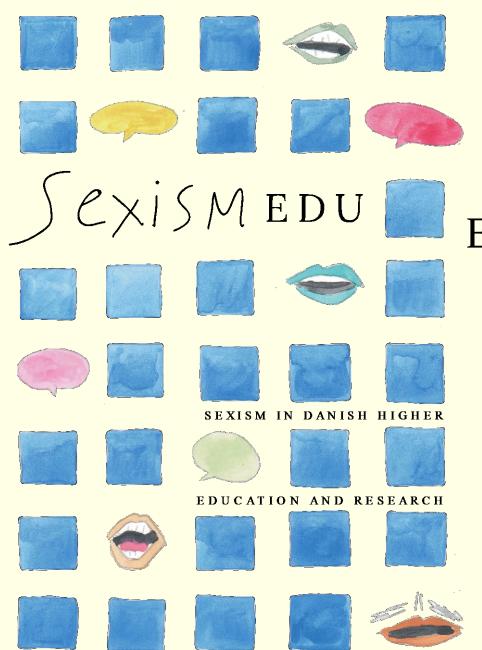


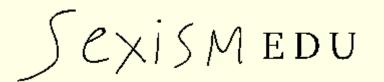


Effective institutional complaints mechanisms are fundamental to addressing sexism in Danish higher education and research:

- Trust among existing staff and students
- Confidence among potential staff and students
- Opportunity for Danish institutions to implement best practice and lead the way







perspective

Engaging with the elephant in the room
- Sexism in an organizational

Eva Sophia Myers Leader of SDU's Gender Equality Team University of Southern Denmark, myers@sdu.dk

# Sexismedu

### Sexism: a structural, systemic problem





Yet (most) often defined as individual cases

This definition is in itself a barrier to dealing effectively with sexism

In fact, it perpetuates the dynamics of sexism

When seen as individual cases, the systemic pattern is rendered invisible

- The elephant in the room!

Conspicuous and discordant - and ignored!

... Present but invisible

# Sexism EDU

## Sexism: a structural, systemic problem

Deeply embedded in formal and informal dynamics, interactions, micro- and macropolitics

Constantly policed by those who gain from it and are blinded by their privileges

Corroborated/colluded by people in organizational functions – who are not helped by the definition of sexism 'merely' as individual cases

- until effective countering systems and structures are in place:

Requires both HANDLING and PREVENTION

but these are distinctly different and require different measures, different functions, different approaches:

- HANDLING: restoration, reparation, after the fact (individual focus/cases)
- PREVENTION: proactive, preparative, positive development building on strengths (collective focus / environment)

*NOT* changing practices deepens the problem

- current stand-alone 'handling' traumatizes in itself

# Sexismedu

#### Engaging with the elephant

The basics:

Acknowledge that sexism exists

if one person sees ithears it / feels it, IT IS THERE!

Accept culpabiblity and responsibility

 everyone contributes till we actively do not!



#### The principles:

Acknowledge that sexism is structural and systemic - and meet like with like (structures and systems):

- Dedicate resources to both *handle* and *prevent* 
  - functions and facilities
- 2. Put systems and infrastructure in place
  - policies, procedures and practices
- 3. Bring knowledge to light
  - systematic data, monitoring, communication
- 4. Build capacity
  - train people with functions, tasks and responsibilities: what to do, when and how
  - introduce bystander programs: build new modes of interacting and speaking up – together!
- 5. Improve the system
  - revise and renew practices that promote precarity



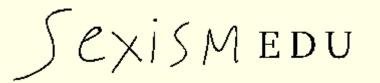












#### Our recommendations for institutional measures:

### Knowledge

Handbook

sexismEDU.dk

Prevalence survey

Recommendations
/ consultancy

#### National level

National monitoring mechanisms

Academic ombudsfunction

Committee on academic integrity and ethical conduct

Policies and procedures

National sexism support unit for all Danish HEI

#### Organizational level

Whistleblower scheme

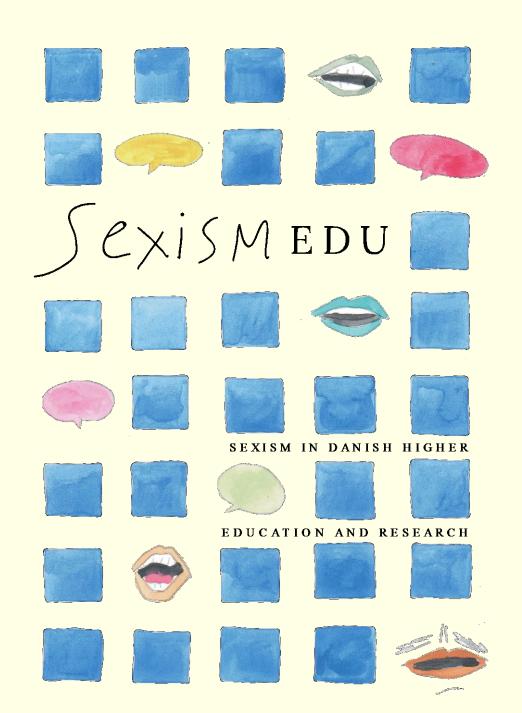
Committee on integrity and ethical conduct

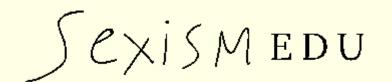
Case handling Policies and procedures

MeToocoordinator / support unit

GEP\*\* unit / DEI team

<sup>\*</sup> GEP: Gender Equality Plans: EU's frame for quality assurance of DEI initiatives in Academia – that they are systematic, structured, monitored and continuously supported





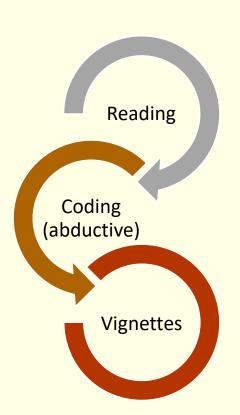
# The Pedagogics and Method of Vignettes as a Tool to Counteract Sexism

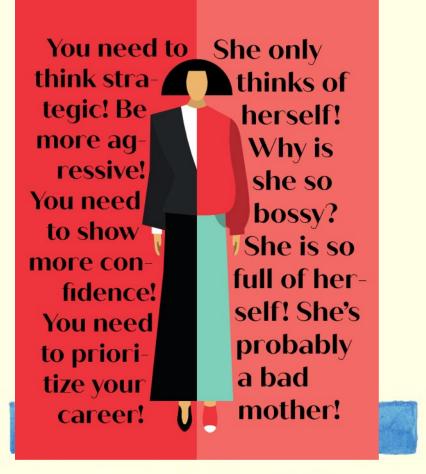
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# What is a vignette and how did CXISM EDU we write them?

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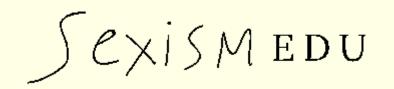








# The power of stories







# Keeping perspective while developing curiosity and empathy

# Sexism EDU



# The art of listening ...



# Why does it matter and how does this change us?

